

## Chair format for virtual speaker NA Meeting

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### *Opening the meeting*

Welcome to the \_\_\_ group of Narcotics Anonymous. My name is \_\_\_ and I am an addict. Please join me in a moment of silence, followed by the Serenity Prayer.

I have asked \_\_\_ to read: **Who is an Addict?**

I have asked \_\_\_ to read: **What is the NA Program?**

I have asked \_\_\_ to read: **Why are we here?**

I have asked \_\_\_ to read: **How it Works?**

I have asked \_\_\_ to read: **The 12 Traditions**

I have asked \_\_\_ to read: **We do Recover**

I have asked \_\_\_ to read: **The Clarity Statement**

This is a closed (open) meeting of Narcotics Anonymous. That means anyone with a desire to stop using is welcome to join us. If you are here for any other reason, you are still welcome to join us after the meeting and we are happy to tell you about our open meetings where non-addict visitors are welcome.

Is there anyone attending their first meeting of NA tonight?

Are there any visitors from out of town who would like to introduce themselves?

Is there anyone coming back from a relapse who would like to make that known right now?

A warm welcome to all of you!

If you are new please introduce yourself with your first name only. If you want to share later on, you are free to do so but you do not have. It is your choice. We ask you to respect the anonymity of our members and to not pass on what you hear here or whom you have seen here. You will hear the word god, what we mean is a power greater than ourselves that makes it possible what we are not able to do by ourselves: staying clean. You can use any concept or have no concept at all. The most important thing is that it helps you to stay clean.

Although we do not have a clean time countdown we do acknowledge clean-time anniversaries. Is there anyone here who has had a clean-time birthday recently?

Does anyone wants to share his or her cleantime with us?

Congratulations!

### **About this meeting**

This is an anonymous meeting and a safe place to share about our experiences with addiction and recovery. In order to keep it that way, we ask that you refrain from giving advice, writing, speaking or using your cell phone while someone else is sharing. Now is also a good time to turn your mobile devices into silent mode.

In order to maintain an atmosphere of respect please refrain from interrupting or making verbal comments whilst another member is sharing, but please do welcome members and acknowledge shares, as you would in any other NA meeting.

Be mindful of your background images, offensive gestures and what you do and wear while your camera is on.

If you wish to share then send a direct message to the Chair. Wait until the person currently sharing has finished and the Chair indicates that the meeting is again open for sharing or calls your name.

Microphones are automatically muted during the meeting unless or until you wish to share, thank those who have or indicate that you would like to share. This is to avoid any possible feedback and background noises

The meeting will go until \_\_\_\_ Our speaker \_\_\_\_ will speak for about \_\_\_\_ minutes. After that the meeting will be open for general sharing. We will have a short break at \_\_\_\_ for our 7th. Tradition and NA related announcements. The remaining time will be for the „burning desire“.

Without any further ado, I present you our speaker for this evening \_\_\_\_

### ***After the speaker***

Thank you \_\_\_\_ for sharing. The meeting is now open. The suggested sharing time is \_\_\_\_ minutes. After you here a sound please finish your thought and come to an end so everybody has a chance to share. Would someone please take the time?

## ***Break 15 minutes before the end of the meeting***

We now take a short break to practice our 7th Tradition. We are completely self-supporting declining outside contributions. You can donate money to the NA Berlin area conference. The money you donate will be used to keep our services going and to carry the message of NA and what is left over will be passed on to other NA services. (Region/World)

Are there any NA related announcements?

## ***Burning Desire***

The remaining time is for the burning desire. The suggested sharing time is \_\_\_ minutes. (Before we open the Meeting for general sharing, would anyone with under 60 days like to tell us how it is going?)

## ***End of the meeting***

This is all the time we have. In accordance with our 12<sup>th</sup> Tradition I would like to remind you that what was said here and whom have seen here, let it stay here. Service is a fundamental part of recovery. If you are interested in supporting this group please come to our business and/or talk to one of us after the meeting. Also thanks again to our speaker \_\_\_ for sharing.

Before we close the meeting I have asked \_\_\_ to read the "Just for Today".

Let us close this meeting with a moment of silence followed by the Serenity Prayer/Third Step Prayer.